

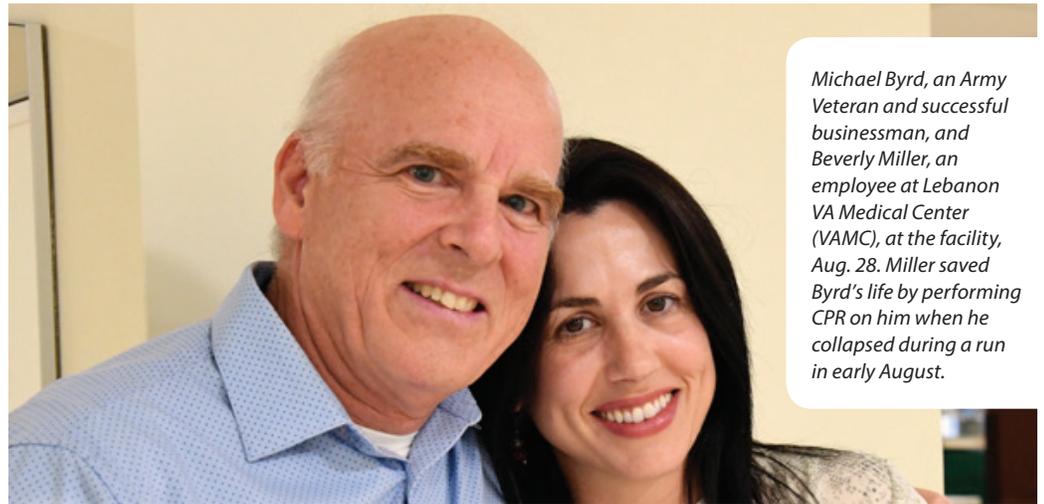
Lebanon VAMC

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Michael Byrd, an Army Veteran and successful businessman, and Beverly Miller, an employee at Lebanon VA Medical Center (VAMC), at the facility, Aug. 28. Miller saved Byrd's life by performing CPR on him when he collapsed during a run in early August.

Karma: Former Army medic saved by VA employee

Angela King-Sweigart, Public Affairs Specialist

Lebanon VAMC is proud to provide quality care to Veterans at 7 locations in South Central PA.

Choose VA



VA

U.S. Department of Veterans Affairs

Veterans Health Administration
Lebanon VA Medical Center

/VALebanon @VALebanon

lebanon.va.gov

Springing into action

That man is going to die! He needs help! These thoughts rushed into Beverly Miller's mind, an employee at Lebanon VAMC, while driving to work Aug. 8. She slammed on her brakes, threw the car into park, opened the door and ran towards him.

The man, dressed in jogging attire, was lying face down on the road turning blue. A bystander desperately waived cars down while on her cell phone with 911. Miller's years of training as a VA nurse kicked in. She flipped the man over, noted his bloody face indicating he had fallen, checked vitals, finding no pulse and began performing CPR.

For 15 minutes Miller performed chest compressions. Several bystanders told her they did not know CPR and were unable to assist her as exhaustion crept in. Finally, at about the 15-minute mark, a man arrived and was able to provide a moment of relief. Then the ambulance arrived. The EMTs took immediate action, shocking his heart, then loaded him into the vehicle and sped to the WellSpan Good Samaritan Hospital.

Miller watched the man being loaded into the ambulance and thought, *I don't think he's going to make it. He still wasn't breathing.*

"After that I went home got cleaned up and headed into work," said Miller, who had recently transferred from clinical care to an administrative position. "I was pretty low-key most of the day thinking about what happened." She told only her close friends and coworkers. "I was worried about him," she said.

Putting together the pieces

Michael Byrd regained consciousness in the hospital and had sore ribs. "I had no recollection of what happened," he said. "It was like someone turned the lights out. I was like a tree, just fell over." The hospital told him the story, and he wanted to find out the name of the woman who saved his life. Byrd's wife wrote to a local newspaper that published a story about the mysterious good Samaritan. They also phoned the hospital and ambulance company.

For Miller's part, she had also phoned the ambulance company and the hospital. To her delight, she found out the man had lived. She left her phone number with the ambulance company in case he reached out. Later, she saw the news story.

continued on page 2

From the desk of the director...

Dear Veterans, Advocates, and Fellow Employees,

We genuinely believe that we have the best employees anywhere. The cover story featured in this issue is one more reason why we boast about our staff's engagement with Veterans and their neighbors. We are also, however, extremely proud of and grateful for the many volunteers who multiply our efforts bringing grace and compassion to the Veterans we serve. Without them, our task would be much more difficult.

There is a mutual respect and synergy in Lebanon's culture which not only improves the lives of Veterans from South Central Pennsylvania, but also throughout the country as you can see in our latest contributions to the VA Innovators Network. This cooperative effort and synergy is also clearly evidenced in our construction projects and Strategic Master Plan. We accomplish so much more together than we do alone. This is one of the reasons, we will be successful in implementing VA's new smoke-free policy – because we will be doing it together with resources and support from numerous sources.

Be proud of yourselves and the accomplishments we are achieving together!

Sincerely,
Robert W. Callahan, Jr.
Director and CEO



Robert W. Callahan, Jr.
Director



LEBANON VA MEDICAL CENTER LEADERSHIP TEAM:

Robert W. Callahan, Jr.
Director

Linda S. Umberger, RN
Executive Assistant to the Director

Jeffrey A. Beiler II
Associate Director

Margaret G. Wilson, MSN, RN
Associate Director for Patient Care Services

Stuart A. Roop, MD, FCCP
Chief of Staff

Laine R. Hellein, MSN, RN
Director of Quality Management

Karma *(continued from page 1)*

"I thought he would want to meet after I saw the news saying he was looking for me," said Miller. "I was so happy he was OK and looking for me as well." The two linked up and were able to meet at a local Italian restaurant with their spouses the following week.

"Something like this is a life-altering experience, especially for Bev," said Byrd. And he knows better than anyone.

The rest of the story

More than forty years ago, Byrd was drafted and ending up serving in the U.S. Army from 1970-1972. He trained as a medic and was stationed at Walter Reed Army Medical Center, Washington D.C. In 1975, while in Tacoma, Washington, he saw a burning car with people in it. He ended up being first at the scene and pulled two boys from the car. He performed CPR on both until the ambulance arrived.

"When I got done, I was pretty sure the one boy had died but I did not know about the other one - just like Bev," he said. He later found out the boy survived.

"You never forget something like that," said Byrd. "You are trying to bring someone back to life."

Byrd went on to become a successful businessman who employs more than 200 people at his company, Bake Crafters Food Company, and is a parent and grandparent.

Both Miller and Byrd want to raise awareness about CPR.

"It saves lives," said Byrd. "Learn it and just as importantly be ready to be able to do it. Just like Bev did. She didn't hesitate. In four minutes, I would have been dead and she saved me."

Miller is modest about her actions.

"I'm just humbled by all the attention," she said. "But, I do think this is an amazing story it goes full circle. Both of us have this unique experience and he's a Veteran and I work at the VA. Truly I was at the right place at the right time."

To Byrd she is an incredible person. "This is an amazing thing," he said, "Bev is a hero. When you save a life, you have no idea how many other lives you are impacting."

If you are interested in learning CPR contact your local Red Cross or American Heart Association.

New procedure reduces hospital stay and pain – improving quality of life

Angela King-Sweigart, Public Affairs Specialist

Patients at Lebanon VAMC are experiencing shorter hospital stays along with knee pain reduction and mobility improvement, under the new short stay joint replacement program. The program helps patients needing a total knee replacement, a frequently performed procedure.

“Total knee replacement is one of the most common elective orthopedic surgeries in the United States,” said Dr. Kate Deisseroth, orthopedic surgeon with Lebanon VAMC. “Almost 600,000 knee replacements were performed this year.”

According to Deisseroth, knee replacement surgery entails making an incision down the front of the knee and replacing the surfaces with metal and plastic parts. The procedure can be painful she said and historically required patients to stay in the hospital for three to four days or more.

Deisseroth and her team were able to get the hospital stay time decreased using this procedure to as little as one day in most cases. The procedure takes a team approach and uses specialized pain management protocols.

“This involved a collaborative effort between pharmacy, physical therapy, and anesthesia. We do special blocks before the surgery, and during the surgery to help control pain,” she said. “[The blocks] are kind of like the blocks you receive at the dentist, they make you not feel your knee, but you can still move it,” she said. “So that lets people be comfortable around the time of their surgery, but still get going and do their physical therapy right after.”

There are many benefits for patients using this program, like the ability to recover at home. “It empowers Veterans to be engaged in their physical therapy. They feel less like a patient in a hospital and more like an athlete in training,” she said.

“The surgery takes away the pain of osteoarthritis and helps people live a more active life,” said Deisseroth.

Two Veterans who benefited from this new procedure are Steve Roman and Rick Rader.



Rick Rader

Rick Rader is a U.S. Army Veteran who served from 1976 to 1980. Prior to surgery Rader was in significant pain. “It was bone on bone and I couldn’t even walk. It was like I was an invalid in my own home. It wasn’t fun,” he said. Rader was getting shots and other treatments, but eventually they stopped working.

He opted for double knee replacements with Deisseroth as his surgeon using the short-stay joint replacement protocol.

Rick Rader, a U.S. Army Veteran, pictured with medals recently won during the 2018 Golden Age Games. Rader benefited from the new procedure and has been sharing his positive experience and success story with fellow Veterans.

His goal was to compete in the National Veterans Golden Age Games hosted by the U.S. Department of Veterans Affairs. Rader accomplished that goal seven months after his surgery. He won four gold medals: badminton doubles, 50 backstroke, 50 freestyle, and 75 medley relay as well as a silver medal in badminton singles and a bronze for the 25 backstroke.

“To compete against some of the best Veteran-athletes in the world is a tribute to what’s going on here,” he said.

Rader’s outcome has inspired other Veterans, said Heather Bratton, a physician assistant in orthopedics who assists Deisseroth with the short-stay procedure.

“We’re really excited because we have Veterans now asking for the doctor who helped the athletes for the Golden Age Games. The Veterans are seeing great success getting out of the hospital the same day. They’re happy to be going home and getting on with their life,” she said.

Rader is pleased with the outcome of his surgery.

“The doctors did their job and it was just time for me to do mine. I’m so grateful...”

He is encouraging other Veterans to join the Lebanon VAMC’s Golden Age Games Team.

“I had a great time,” he said. “I hope more of you can join the team.”

Steve Roman

Steve Roman is a U.S. Navy Veteran who served on the USS Constellation in the early 1990s. Prior to his surgery, Roman had to come to Lebanon VAMC about every six months for shots, he said.

“It worked OK for a while, but then it stopped working so it was just constant pain,” he said.

Roman opted for the short-stay protocol and had a one-day hospital stay.

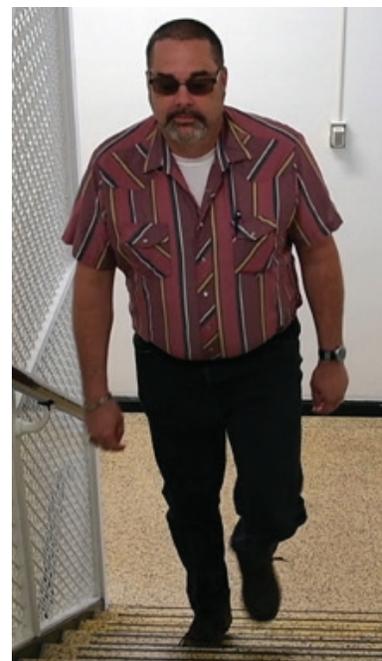
“The benefit is I was able to be at home and actually the VA coordinated with physical therapy right close to my house,” he said. “I just feel I could recover better from being at home than staying in the hospital. I am home, I have animals and my wife was home so it just was really, really good.”

Roman was able to head back to work after about a two-month recovery time. He has had a vast improvement in his condition.

“It’s continuing to heal, and I don’t have the throbbing achy pain,” he said. “I can climb the stairs at work now and my job requires me to do a lot of walking throughout the day and I do it with no problems at all now.”

Roman has advice for other Veterans.

“Stop waiting - it is the best thing to do is to go ahead and have it done. The longer you wait the more pain you’re gonna be in... if you need your knee replaced don’t wait,” he said. “Get it done and come here to the Lebanon VA. Like I say Dr. Deisseroth and her team are top of their game. They’re absolutely fantastic.”

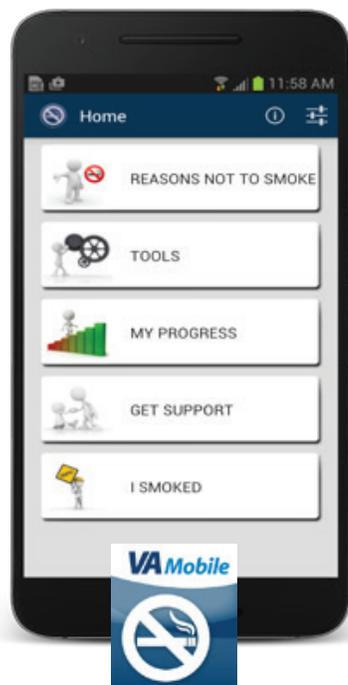


Steve Roman, a U.S. Navy Veteran, recently opted for the short-stay procedure after injections stopped working and was back to work after a roughly two-month recovery time.

VA health care facilities go smoke-free effective Oct. 1

VHA Modifies Policies to Increase Quality of Care to Veterans

Nicole R. Peter, PsyD, Health Behavior Coordinator Psychologist
Rick Emler, PA-C, Employee/Occupational Health Provider



Lebanon VAMC and VA facilities nationwide will be implementing two new policies (VHA Directives 1085 & 1085.01) eliminating smoking on the grounds of health care facilities by patients, visitors, volunteers, contractors, vendors and employees effective Oct. 1, 2019. These new policies allow VA to ensure the health and wellness of patients, VA staff and the public.

“We are not alone in recognizing the importance of creating a smoke-free campus,” said VA Secretary Robert Wilkie. “As of 2014, 4,000 health care facilities and four national health care systems in the U.S. have implemented smoke-free grounds. This policy change coincides with additional VHA efforts to help us become the provider of choice for Veterans and the reason why Veterans will Choose VA.”

VA has collaborated with key stakeholders to update and recertify the policy to be consistent with VA’s commitment to Veterans and the community.

At Lebanon VAMC, the policy applies to cigarettes, cigars, pipes, smokeless tobacco, any other combustion of tobacco, e-cigarettes, vape pens and e-cigars.

Although VA has historically permitted smoking in designated areas, there is overwhelming evidence that smoking and exposure to secondhand smoke creates significant medical risks, as well as a growing body of evidence that exposure to thirdhand smoke creates additional risks to safety and direct patient care.

VA has extensive resources and programs to assist Veterans and employees in their smoke-free journey some of which are profiled in this newsletter.

Stay Quit Coach is a VA app designed to help with quitting smoking. It is intended to serve as a source of readily available support and information for adults who are already in treatment to quit smoking, to help them stay quit even after treatment ends. The app guides you in creating a tailored plan that takes into account your personal reasons for quitting. It provides information about smoking and quitting, interactive tools to help users cope with urges to smoke, and motivational messages and support contacts to help you stay smoke-free. Download the app today at mobile.va.gov!

Are you ready to quit smoking?

Direct schedule into our Tobacco Cessation Group Clinic! Call: 717-272-6621, ext. 5105

Where: Lebanon VAMC, Building 17, Fifth Floor

When: Tuesdays and Thursdays, 9-10 a.m.

What: Group meetings involving trained pharmacists and other Veterans to include: nicotine replacement products and/or medications, motivational help and Telephone Lifestyle Coaching (TLC) referrals

One-on-one sessions with a psychologist are also available upon request

How: Ask your doctor for a Tobacco Use Counseling Pharmacy Outpatient Consult or call 717-272-6621 x 5105 to direct schedule into our Tobacco Cessation Clinic

How often: Most Veterans come to the clinic every 6 to 8 weeks

Why: Group meetings have helped many Veterans quit smoking

Who: These meetings are run by pharmacists, who are specifically trained to help you quit smoking. In addition, you will be with other Veterans trying to quit for the first time or continuing to try to quit. Some have been successful in quitting smoking and want to help you quit smoking.

smokefreeVET



SmokefreeVET is a text messaging resource that provides 24/7 support to help Veterans quit tobacco for good. Learn more at smokefree.gov/VET or sign up by texting QUIT to 47848.

Frequently Asked Questions about VA's Smoke-Free Policy

Why can't we have designated smoking areas?

There is overwhelming evidence that smoking and exposure to secondhand smoke creates significant medical risks. There is no risk-free level of exposure to tobacco smoke; it is dangerous to health even at low levels and can infiltrate barriers such as smoking shelters. There is a growing body of evidence that exposure to thirdhand smoke creates additional risks to safety and direct patient care. For instance, tobacco odors can trigger allergy or asthma reactions in others or can trigger the desire to smoke in persons attempting to quit. We are required to eliminate all designated smoking areas to be consistent with medical requirements and limitations, and to prevent the creation of hazards to persons on VA property, as required by federal regulations.

When will smoking shelters be closed?

The smoking shelters will be closed and inaccessible starting Oct. 1, 2019.

Can I smoke in my car?

No, you may not smoke in your car on VA grounds. The policies state that no smoking is allowed by anyone while on VA property, including parking areas.

Will I have to quit by Oct. 1, 2019?

No. You do not have to quit smoking. However, you will not be permitted to smoke on the grounds of VA health care facilities. We encourage everyone to quit because of the health benefits associated with being tobacco-free.

According to the Center for Disease Control (CDC) **cigarette smoking is the #1 preventable cause of death**, causing about one of every five deaths in the United States every year. More than 480,000 people die annually from smoking or exposure to secondhand smoke.

5

According to the Centers for Disease Control and Prevention, the average cost of a pack of cigarettes is \$6.28, which means a pack-a-day habit sets you back **\$188 per month or \$2,292 per year**. Ten years of smoking comes with a \$22,920 price tag. But depending on where you live, you could be paying much more!

What will happen if I smoke on campus after Oct. 1, 2019?

After Oct. 1, 2019, VA police will offer verbal reminders for individuals found smoking on campus. If verbal communication is not effective, a written courtesy violation warning will be issued. Ultimately, failure to comply with the smoke-free policy can result in a Federal citation, including a fine.

Can I smoke at the VA Community Clinics formerly known as Community Based Outpatient Clinics (CBOCs)?

The directive applies to everyone and prohibits smoking on the entire campus/grounds of all VA facilities. If VA is leasing the property, the policy applies.

How do Veterans and employees feel about this change in policy?

During our recent outreach efforts to educate Veterans and employees about the policy and local resources, we have received mostly positive feedback. While a few individuals disagree with the policy, many Veterans and employees are pleased to hear that the campus is going smoke free. Veterans have enjoyed sharing their stories about how they quit smoking years ago and are happy to hear they will no longer be exposed to secondhand smoke on campus. Some employees and Veterans are utilizing the policy as another motivator to quit smoking, vaping and/or chewing tobacco for good!

I am a caregiver or family member who smokes, how can you help me quit?

Lebanon Family Health Services offers "Freedom from Smoking" classes for the community. For more information, call 717-273-6741, ext. 310, for their current class schedule or visit lebanonfamilyhealth.org/education/smoking.

The U.S. Department of Health also offers resources through www.betobaccofree.gov and www.smokefree.gov or by calling 1-877-44U-QUIT. Pennsylvania's Department of Health also offers the PA Tobacco Quit Line that is available by calling 1-800-QUIT-NOW. The Southeastern Pennsylvania Tobacco Control Project also lists other resources at www.sepatobaccofree.org/quit.

Will the Smoke Free policy deter people from choosing VA for their care?

We do not expect that it will. "We are not alone in recognizing the importance of creating a smoke-free campus," said VA Secretary Robert Wilkie. "As of 2014, 4,000 health care facilities and four national health care systems in the U.S. have implemented smoke-free grounds." Many of the Veterans we have spoken to locally are happy to hear the campus will be smoke free.

Ready to quit smoking?
Build a quit plan with a
counselor today!

Call 1-855-Quit-Vet
to get started

U.S. Department
of Veterans Affairs

VA's free telephone quitline, 1-855-QUIT-VET (1-855-784-8838), offers tobacco cessation counseling to any Veteran who receives their health care through VA. Quit VET is staffed by trained counselors who will help you during any phase of quitting—whether you are thinking about it, you started your quit attempt, or you are trying to get back on track after a slip or relapse to tobacco. Remember, when you combine counseling with cessation medication, you give yourself the best chance at quitting for good. Quit VET counseling is offered in both English and Spanish.

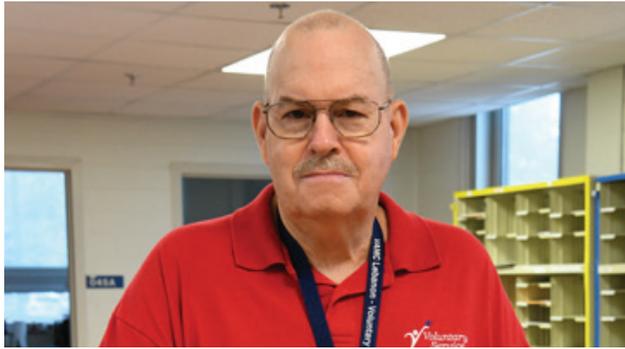
Interested in volunteering?
Call **717-228-6123** today!

VOLUNTARY SERVICE UPDATE

Volunteers critical to VA's mission

Jeremy K. Fees, Chief, Voluntary Service

Throughout Lebanon VAMC, volunteers are working, providing services and lending a hand to Veterans who served this country. Some of these volunteers are serving front and center for all to see, while some conduct business behind the scenes. There are volunteers driving hundreds of miles to ensure Veterans receive the care they need, and some who sit at bedsides offering company and companionship. No matter what position they are serving in, they are carrying out tasks which are vital to VA and its ability to serve Veterans. It is impossible to calculate the amount of caring and sharing volunteers give to Veteran patients. Volunteers are a priceless asset to these Veterans and to Lebanon VAMC.



Dennis Royer is a Veteran and has completed over 1,500 service hours by volunteering in the mailroom at Lebanon VAMC.

Dennis Royer is a volunteer who works in the mailroom. Here he receives and sorts mail, placing it in assigned areas. He will also deliver mail to offices throughout the facility. This service is vital to the continuity of communication between departments and external clients. Additionally, Dennis will transport over 200 parcels from the pharmacy to be delivered to Veterans. When Dennis retired, he decided he needed something to do to keep himself busy. Dennis enjoys volunteering because he gets to talk to other Veterans and share stories about military life. He also appreciates the exercise he gets from walking the large campus.



Jeff McConnell, pictured with Clinical Pharmacist Allen Ayala, is a Navy Veteran and has logged over 350 hours volunteering the past three years with Lebanon VAMC's Smoking Cessation Program.

Quitting smoking is a very challenging and stressful process. One volunteer has committed the last three years to helping Veterans on their journey to becoming smoke free. Jeff McConnell is a Navy Veteran who smoked for over 30 years. Over seven years ago, Jeff decided he had enough of tobacco and began the process of quitting. Today, he attends the smoking cessation clinics twice per week to share his story and to help Veterans stay committed. He estimates that he's tried to help over one thousand Veterans quit so far. In Jeff, the Veterans get a person who knows what it's like to quit. Jeff says that he enjoys talking with the Veterans and gets great satisfaction from their success and improved health.

Schuylkill County in need of drivers

Transportation volunteers provide an essential service to Veterans. In a typical day, volunteer drivers transport Veterans from their home to Lebanon and back. Currently, Schuylkill County Veterans are in urgent need of volunteer drivers. If you are interested in volunteering, please contact the Voluntary Service office at (717) 228-6123.

Lebanon VAMC expands podiatric certification for surgical residents



Dr. Edward Mirigliano, a podiatrist, and Jeremy Connatser, a nurse, both clinical staff at Lebanon VAMC, examine a foot and ankle anatomical chart and skeleton.

Lebanon VAMC received an added credential for its podiatric surgical residents in Reconstructive Rearfoot/Ankle Surgery (PMSR/RRA) by the Council on Podiatric Medical Education during Spring 2019 with an effective date of Summer 2019.

The credential allows surgical residents to be certified to operate on the heel and ankle, as well as the rest of the foot, providing a benefit for patients needing complex surgery, according to Dr. Richard D. LaTour, deputy chief of staff - surgery.

Surgical residents are doctors who have completed medical school and are completing a residency that lasts at least five years and can be longer depending on the specialty.

"Our surgical residents are an enormous asset to the team here," said LaTour. "All are fully qualified as general practitioners and are pursuing additional surgical training. Patients benefit from this team approach as they have multiple physicians reviewing their case."

The Lebanon VAMC has a robust podiatric medicine surgery residency program with surgical and medical residents from the Penn State Health Milton S. Hershey Medical School.

Foot pain or podiatry issues?

Podiatry is a direct schedule clinic at Lebanon VAMC!

Call 717-228-5952 for a podiatry appointment today!

Foot pain can have a profound impact on quality of life. A 2014 study by the American Podiatric Medical Association found 77% of Americans say they have experienced foot pain while only a third of them sought expert care by a podiatrist.

FACILITIES & ENGINEERING UPDATE

Work continues with ongoing projects, work underway on Building 1 Pain Procedure Clinic and York Clinic expansion & design projects for Master Plan-driven expansion projects kick off

THADDEUS S. KOCUBA, *Facility Manager, Engineering Service*

Construction on the new Intensive Care Unit (ICU) atop the Surgery Center (Bldg. 104) is completed and equipment is currently being installed. The unit is expected to open before the end of the 2019 calendar year.

The Oncology Outpatient Clinic involving remodeling of a second-floor unit in Building 1 (1-2A) is nearing construction completion. The space activation will begin in October with an open date slated for around the turn of the year.

Our new Sterile Processing Area built on the backside of Building 1 is nearing completion. The new space is expected to be operational near the end of November.

The work on Building 24 (YMCA/Gym/new MOVE! area) is continuing to progress. The gym court area itself is expected to reopen in the near future with the remaining space in the building slated for opening at the end of the year.

An in-house engineering project team has started converting approximately 1,000 square feet of what was formerly radiology space on the first floor of Building 1 (1-1A) into a new Pain Procedure Clinic. The work is progressing well with completion slated for December.

Phase 1 of an expansion project at the York VA Community Clinic has started. The project renovates approximately 4,800 square feet of additional space that became available in the building for expansion of primary care space. The expansion Phase 1 is expected to be complete and open by February 2020.

Three large design projects that were driven by the master planning process covered in the last newsletter are also underway. Design for a new primary care addition along with a new entrance to Building 17 is underway. A new medical/surgical bed unit for Building 104 is also in design, along with a new standalone Community Living Center that will be located along the front drive approaching Building 1. Construction on those projects should be expected to begin within the next year.

A view on the first floor of Building 1 where an in-house project is renovating former radiology space into a new Pain Procedure Clinic.



A look down the 1-2A hallway in Building 1 where second floor space is currently being remodeled for our Oncology Outpatient Clinic.

Two new large sterilizers have also been installed in the new sterile processing space that was constructed on the back of Building 1.



Behind the Scenes A look into operations at the Medical Center

Utility Plant



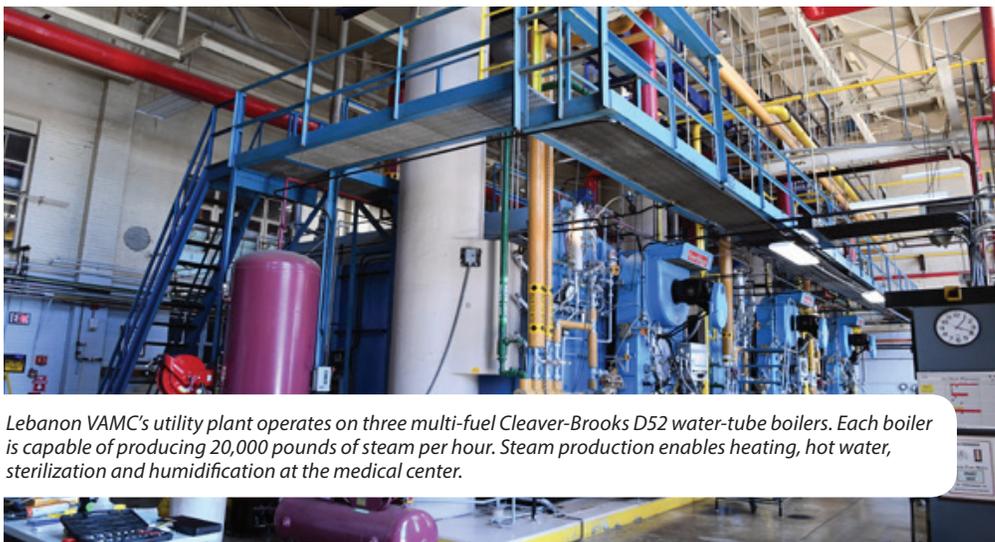
The exterior of Lebanon VAMC's Utility Plant. The building also contains two Trane centrifugal chillers that provide a combined cooling capacity of 2,000 tons allowing for air conditioning and dehumidification at the Medical Center. A supplemental ice plant located near Building 22 also provides an additional roughly 1,200 tons of cooling.

Lebanon VAMC maintains a utility plant (Building 10) that consists of seven employees. Each of these employees is trained in the operation, maintenance and repair of the boilers, chillers and associated components. The plant is staffed 24 hours a day, 7 days a week, 365 days a year.

The boiler plant was constructed in 1947 and originally featured a 150-foot smoke stack and coal silo. The smoke stack and coal silo were demolished in 1972 following the installation of modern boilers that operated on gas and oil instead of coal.

A typical day for employees in the Utility Plant:

- Monitoring boilers and chillers to assure proper operation
- Testing water for the boiler and chillers to assure chemicals are proper and making any adjustments if needed
- Monitoring multiple alarms facility wide to include medical gases, emergency generators, temperatures and water tank levels
- Repairs and adjustments as needed to the boilers and chillers
- Documenting all testing, adjustments, repairs, measurements and preventive maintenance in compliance with VA directives



Lebanon VAMC's utility plant operates on three multi-fuel Cleaver-Brooks D52 water-tube boilers. Each boiler is capable of producing 20,000 pounds of steam per hour. Steam production enables heating, hot water, sterilization and humidification at the medical center.

Lebanon VAMC Service Locations



- A Lebanon VA Medical Center**
1700 South Lincoln Avenue
Lebanon, PA 17042
PH: (717) 272-6621
- B Berks County VA Clinic**
2762 Century Boulevard
Suite 120
Wyomissing, PA 19610
PH: (484) 220-2572
- C Cumberland County VA Clinic**
5070 Ritter Road
Mechanicsburg, PA 17055
PH: (717) 590-1525
- D Ft. Indiantown Gap VA Outreach Clinic**
Bldg. 4-114 (Hawkins Road)
Fort Indiantown Gap
Annville, PA 17003
PH: (717) 272-6621
Hours: Wednesday & Friday
Managed by Lebanon VAMC Primary Care
- E Lancaster County VA Clinic**
212 Willow Valley Lakes Drive
Suite 208
Willow Street, PA 17584
PH: (717) 740-4434
- F Schuylkill County VA Clinic**
1410 Laurel Boulevard
Suite 2
Pottsville, PA 17901
PH: (570) 628-5374
- G York County VA Clinic**
2251 Eastern Boulevard
York, PA 17402
PH: (717) 840-2730

Enrollment & Eligibility Questions?

CALL 717-228-6000 TO SPEAK TO ONE OF OUR ENROLLMENT SPECIALISTS

The Best Care Anywhere... The Best Employees Anywhere.
Quality care at 7 locations in South Central PA.



Lebanon VA Medical Center

1700 South Lincoln Avenue
Lebanon, Pennsylvania 17042
717-272-6621 • 1-800-409-8771
www.lebanon.va.gov

/VALebanon @VALebanon

COMMON LEBANON VAMC CONTACTS

717-272-6621 / 1-800-409-8771

Appointment Line	x 5105
Telephone Nursing Care	x 6041
Pharmacy Center	x 6009
Auto Med Refill / Acct & Appt Info Line	x 5991
Enrollment / Eligibility	x 6000
VETERANS CRISIS LINE	1-800-273-8255 Press 1