

**VA**

U.S. Department of Veterans Affairs  
Veterans Health Administration  
Lebanon VA Medical Center

[www.lebanon.va.gov](http://www.lebanon.va.gov)

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**FOR  
IMMEDIATE  
RELEASE**

## **Lebanon VAMC to hold free Veteran-focused mental health summit in Reading**

**For Immediate Release – May 3, 2019**

**LEBANON, PA** – The U.S. Department of Veterans Affairs’ Lebanon VA Medical Center (VAMC) will host a free community mental health summit with a focus on collaboration to further connect Veterans with mental health resources on May 10 from 8 a.m.- 3 p.m. in the Perkins Student Center at Penn State Berks, 2080 Tulpehocken Rd, Reading.

“This summit is an important opportunity for the VA to bring together Veterans, and those who support them, to talk about mental health care needs and a recovery-oriented approach to Veteran care,” said event organizer Christine Brubaker. “We hope to enhance access to mental health services and further address the mental health care needs of Veterans and their family members by collaboration through these summits.”

The event is open to Veterans, family members, caregivers and providers from both the community and VA. Registration for the event opens at 7:45 a.m. on May 10 and a continental breakfast and lunch is provided for attendees. Attendees may register on the spot or may register in advance by visiting <https://10may19cmhs.eventbrite.com>.

The educational summit will feature collaborative discussion and roundtable sessions that will focus on a variety of topics to further awareness of VA services and community resources. Topics covered will include: transitioning from uniformed services to civilian life, substance use & abuse, suicide prevention and serving the whole Veteran from a wrap-around perspective. Enrollment specialists from Lebanon VAMC will also be available at the event to assist Veterans with enrolling in VA health care.

The summit is part of Lebanon VAMC’s 2019 *Building the Bridge: A Community Mental Health Summit* series and the final event in the series is scheduled for Sept. 13 at Lebanon VAMC. Additional details on the Reading summit or future summit are available by calling Christine Brubaker at 717-272-6621, ext. 5726.

Lebanon VA Medical Center is one of 170 medical centers in the nation with the sole purpose of providing world-class medical care to America’s Veterans. Lebanon VAMC serves a nine-county area in South Central Pennsylvania covering Adams, Berks, Cumberland, Dauphin, Lancaster, Lebanon, Perry, Schuylkill and York counties. Lebanon VAMC also currently oversees community clinics located in Lancaster, Mechanicsburg, Pottsville, Wyomissing, York and Fort Indiantown Gap. If you are a Veteran, you may be eligible to receive care and benefits from the U.S. Department of Veterans Affairs. To learn more, call 717-228-6000.

For more information about the Lebanon VA Medical Center, visit [www.lebanon.va.gov](http://www.lebanon.va.gov), like us on Facebook at [www.facebook.com/VALebanon](https://www.facebook.com/VALebanon), or follow us on Twitter at [www.twitter.com/VALebanon](https://www.twitter.com/VALebanon).

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